

# Hope Cove

to Wembury

Distance  
**29**  
mile

Time  
**9**  
hours

Elevation  
**4178**  
feet



Difficulty: Hard





This incredible section of the South West Coastal Path from Hope Cove to Wembury is packed with outstanding ocean views and jagged, fallen cliffs. One of my favourite SWCP walks so far.



## Contents

From parking to trail conditions, this itinerary has all the information you need to experience the with coastal walk from Hope Cove to Wembury.

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### Itinerary

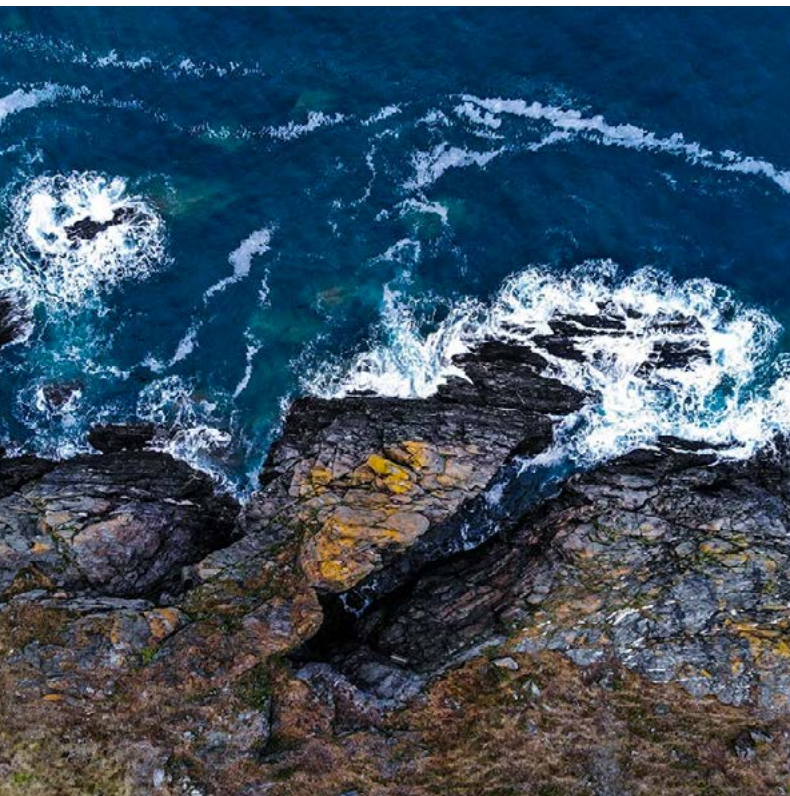
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## Overview

Brisk ocean views and lots of villages for pit stops.



### Walking through the night

We actually started our hike in the middle of the night on the Friday. Waling up jacked cliffside paths and across dark, sandy beaches. The stars were so bright all we could do is look up. We arrived at our campsite just east of Hope Cove and were greeted with a spectacular sunrise in the morning. Moving on, we headed west to Wembury, stopping in villages for snacks and wading across estuaries.

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## Specifications and features

Recorded data from the hike and some extra information for before you start.

### Trail conditions

This section of the SWCP requires you to cross estuaries at Bantham and Mothcombe.

### Camping rules

It is possible to wild camp on the SWCP, but much of it is private property. Wild camp at your own risk and always leave no trace.



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Elevation

**4178** feet

High point

**414** feet

Time

**9** hours

Distance

**27** miles



Pub



Parking



Dog-friendly



Difficulty: Easy

## The highlight

For me it was definitely the incredible rock formations and jagged edges.

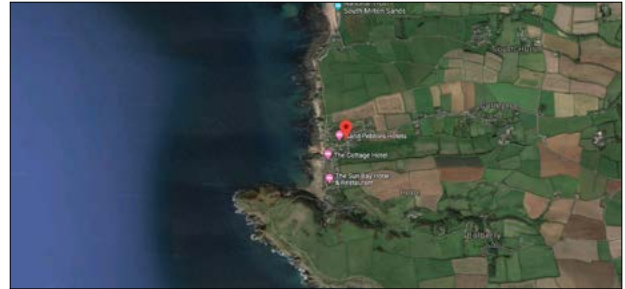


### The sideways rocks

The entire route was peppered with fallen rocks the size of office blocks yet each of them looked like they'd fallen diagonally and all stood still in time as if falling but not fallen in place. It's very odd, but incredibly beautiful to look at.

## Itinerary

Info, directions and way points from start to finish for the hike.



### Getting there

Hope cove is just a stones throw from where we camped. Although if you're looking to start where we started in Salcombe then hit the button below.

## Way points

### Step 1



### Camp just east of Hope Cove

Just east of Hope Cove there's a really nice place to camp just by the cliffs. Opening to a fantastic view of Hope Cove to the west.

## Step 2

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### Begin walking over the cliffs

Plenty of grazing sheep inhabit the lonely path to Hope Cove along with great views on the way.

## Step 3

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### Arrive at Hope Cove

Walking through Hope Cove in the early hours is like walking through a ghost town. Plenty of places to snack there during the day though. Further on are hills and sandy beaches along the path.



## Step 4

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### The ferry from Bantham to Bigbury

The Ferry is little more than a bloke in a wooden boat! Arrive at the jetty for 10am to grab him on his shift. Either that or wait until the tide's out to wade across.



## Step 5

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### Continue along the beaches

On the way to Mothecombe you'll walk through beaches with south views of Burgh Island.

## Step 6

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### Continue to Mothecombe

Continuing on in the rain we carried on swiftly to make the next estuary in low tide so we could cross.



## Step 7

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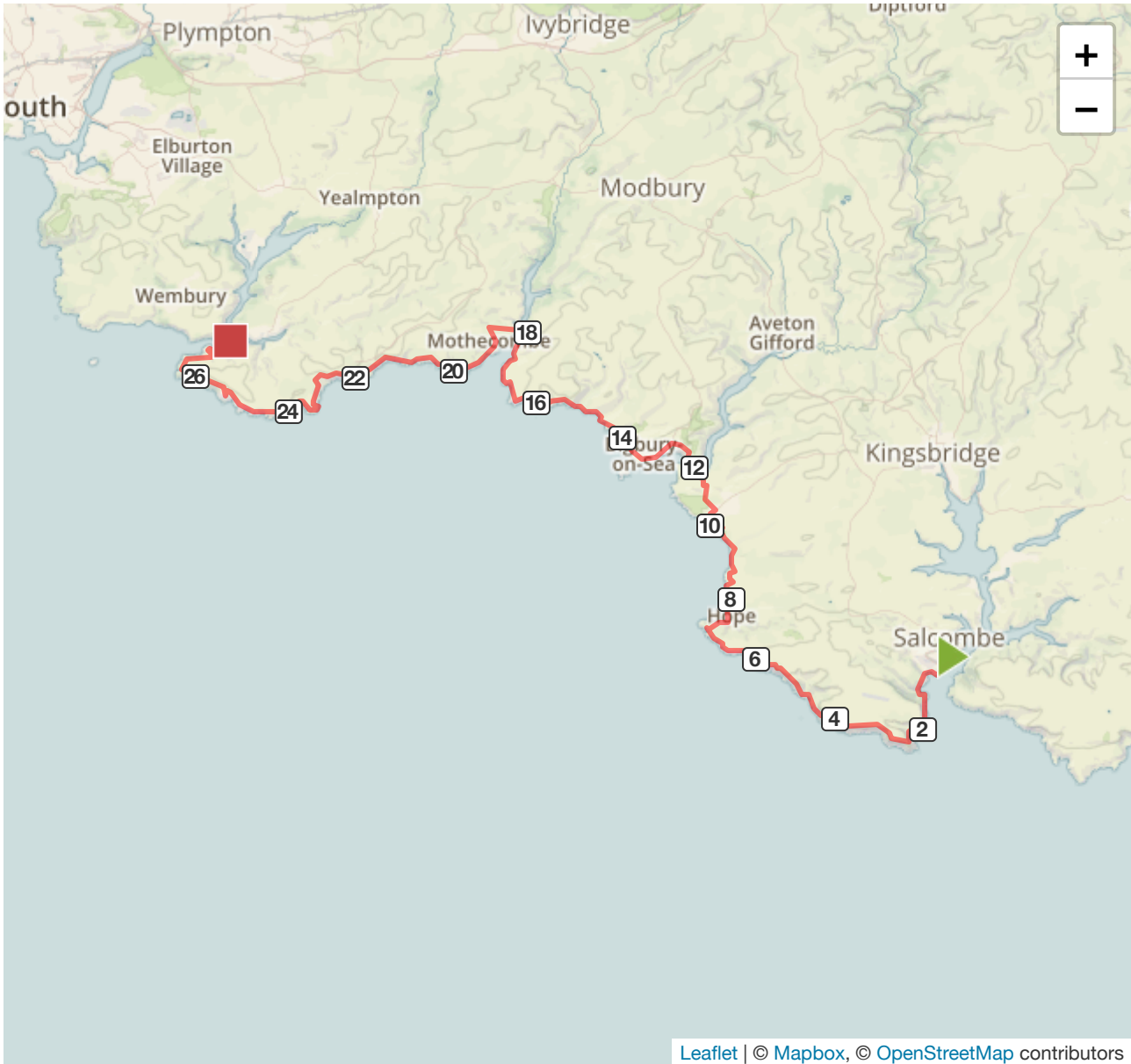


### Cross the estuary to Mothecombe

Wearing light weight, breathable footwear will be perfect for wading across these estuaries. Low tide was around 3pm for us here so we were able to swiftly wade across in low tide.

It was here that it really started to chuck it down on the way to Wembury, so sadly I have no more pictures, but we chugged along the rest of the way and finally hitchhiked back to Wembury to make it back in time for the last ferry across the final estuary.

# mapometer - Salcombe to Wembury



Distance  
**27.93 ml**

ascent  
**5564 ft**

descent  
**5502 ft**

## Feedback

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